



News Release

FOR IMMEDIATE RELEASE

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Employee Wellness Services
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Vendors May Sign Up For County Employee Wellness Fair

FAYETTEVILLE – Health and fitness related vendors are invited to participate in the Cumberland County Employee Wellness Fair, which will be held Oct. 23-27 at the Crown Expo Center, 301 East Mountain Drive. About 400 county employees will visit the fair each day.

The vendor registration deadline is Oct. 9. Space is limited. Tables will be provided and assigned on a first-come, first-served basis. Contact Cumberland County Wellness Services Director Tammy Gillis at 910-678-7728 or tgillis@co.cumberland.nc.us to register.

Novant Health operates the County's Employee Wellness Clinic and will screen employees during the fair for risk factors such as high blood pressure, cholesterol and diabetes. Vendors are invited to support this event and provide employees with information on topics such as heart disease, diabetes, weight management, hearing, vision, tobacco cessation, physical activity, cancer, nutrition, stress management, behavioral health, and more. The goal of the wellness fair is to encourage county employees to lead a healthier lifestyle and improve their overall well being.

Hours will be 9 a.m. to 4 p.m. on Oct. 23 and 25; and 6 a.m. to 1 p.m. on Oct. 24, 26 and 27.

An application form is attached.

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