

February 2016 Better Living Series Workshops

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FOR IMMEDIATE RELEASE

Cumberland County Cooperative Extension's Better Living Series will provide two workshops in February.

Each workshop requires pre-registration and class registration fee payment one week before the workshop. Workshop fees vary; please check individual workshops for fee schedule.

Both February workshops will be held at the Cumberland County Cooperative Extension Center, located at 301 East Mountain Drive, Fayetteville.

The workshop "Raised Beds" will be held Feb. 9 from 12:00 noon - 1:30 p.m. Attendees will learn about the benefits of raised-bed gardening. Participants will also learn how to make and use raised beds. The \$5 registration fee is due by Feb. 2.

The workshop "Herbs: Out of the Garden and into the Pot" will be held Feb. 25 from 12:00 noon - 1:30 p.m. This tiered program will provide information from growing herbs within the space available to preserving the herbs at harvest. Participants will season and taste pre-homemade focaccia dough seasoned with home-grown herbs and enjoy a sampling of pot roast enhanced with bay leaf. The \$5 registration fee is due on or by Feb. 18.

Visit the Cumberland County Cooperative Extension website for a complete listing of the 2016 Cooperative Extension Better Living Workshops or for registration information. You may also contact Susan Johnson at 910-321-6405 for additional information.

For accommodations for persons with disabilities, contact Lisa Childers at 910.321.6880, no later than five business days before the event.

