

October Better Living Series Workshops

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FOR IMMEDIATE RELEASE

Cumberland County Cooperative Extension's Better Living Series will provide two workshops in October. Each workshop requires pre-registration and class registration fee payment at least two business days before the workshop. Workshop fees vary; check individual workshops for fee schedule.

Both workshops will be held at the Cooperative Extension Center, located at 301 East Mountain Drive, Fayetteville.

The workshop "What's Really in Your Meat? A Discussion about Hormones and Antibiotics in Your Food" will be offered on Oct. 4 from 12:00 - 1:30 p.m. Cooperative Extension staff will share the facts about hormone and antibiotic use in animal meat. The \$5 registration fee is due by Sept. 30.

The workshop "Home Pesticide Safety" will be offered on Oct. 11 from 12:00 - 1:30 p.m. Participants will learn the correct and safe way to use and store pesticides. The \$5 registration fee is due by Oct. 7.

Visit the Cumberland County Cooperative Extension website at cumberland.ces.ncsu.edu for a complete listing of the 2016 Better Living Workshops or for registration information. You may also contact Susan Johnson at 910-321-6405 for additional information.

For accommodations for persons with disabilities, contact Lisa Childers at 910.321.6880, no later than five business days before the event.

