FOR IMMEDIATE RELEASE

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## **Videos Highlight County News and Programs**

FAYETTEVILLE – The April edition of "Cumberland Matters," Cumberland County Government's monthly television program, is airing on Fayetteville/Cumberland Educational TV (FCETV), Time Warner Cable Channel 5. The show's six segments can also be viewed at <a href="mailto:youtube.com/CumberlandCountyNC">youtube.com/CumberlandCountyNC</a> and feature the following topics:

- <u>Health and Fitness</u> Cumberland County Wellness Services Director Tammy Gillis talks about the benefits of walking. Fayetteville-Cumberland Parks and Recreation's Jacob Brown and Anthony Ramsey invite you to the Cape Fear River Trail and Cross Creek Linear Park for fitness, fun and learning.
- <u>News and Information</u> Rabies vaccination clinics offer pet owners an opportunity to get their dogs and cats vaccinated. Kathy Jones of the Department of Public Health explains how the clinics are a convenient and affordable way to protect you and your pets from rabies.
- <u>At Your Library</u> Sana Moulder talks about upcoming events at the library, and about Fold3, an online research tool that allows you to search military records, photographs and even personal documents.
- <u>Cumberland Cares</u> Guardian Ad Litem District Administrator Dwight Torrey is looking for a few good volunteers to advocate for children involved in court cases. Learn how you can become a volunteer and work with attorneys and judges to find solutions that are in the best interest of the child.
- <u>Calendar</u> Find out about upcoming events in Cumberland County a Senior Health Fair at DSS, Community Appearance Awards and the Institute for Community Leadership program.

Cumberland Matters airs at the following times on FCETV Channel 5:

Tuesday 7 p.m.
Thursday 9 p.m.
Friday 10 a.m.
Saturday 12:30 p.m.
Sunday 12:30 p.m.

Residents can also watch the Board of County Commissioners meetings live on FCETV Channel 5 and again the Wednesday following the meeting at 7 p.m. and Friday at 10:30 a.m.

Visit the Fayetteville/Cumberland Educational Television website, <u>fcetv.org</u>, for the station's complete broadcast schedule. For more information about Cumberland County Government, visit <u>co.cumberland.nc.us.</u>