

## Cooperative Extension's Better Living Series

*Media Contact:* Lisa Childers, County Extension Director  
910-321-6880 or [lisa\\_childers@ncsu.edu](mailto:lisa_childers@ncsu.edu)

*Date:* Oct. 2, 2015

FOR IMMEDIATE RELEASE

Cumberland County Cooperative Extension's Better Living Series will feature two educational workshops during October.

Both workshops will be held at the Cumberland County Cooperative Extension Center, located at 301 East Mountain Drive, Fayetteville.

"Pumpkin Palooza - Unique Pumpkin Carving" will be offered Oct. 13 from 12 noon until 1:30 p.m. Participants will learn how to enhance the tradition of pumpkin carving by creating their own distinctive pumpkin. Each attendee will be provided tools and a pumpkin for the workshop. There is a registration fee of \$10, which must be paid before attending the class. Registration is required by Oct. 9. Limited space is available. Call Susan Johnson at 910-321-6405 for registration information. Online registration is not available for this workshop.

"The Ins and Outs of Composting" will be offered Oct. 27 from 12 noon until 1:30 p.m. Composting is an easy and natural way to recycle organic materials. Compost provides nutrients and physical health to your soil and plants. Learn how the use of composting will build your soil.

You may pre-register for most workshops online by visiting [http://go.ncsu.edu/bls\\_registration](http://go.ncsu.edu/bls_registration) or by visiting the Cumberland County Cooperative Extension at 301 East Mountain Drive, Fayetteville, or by contacting Susan Johnson at 910-321-6405 or via email at [susan\\_johnson@ncsu.edu](mailto:susan_johnson@ncsu.edu)

For accommodations for persons with disabilities, contact Lisa Childers at 910.321.6880, no later than five business days before the event.

