

Better Living Series July Workshops

Media Contact: Lisa Childers, County Extension Director
910-321-6880 or lisa_childers@ncsu.edu

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FOR IMMEDIATE RELEASE

Cumberland County Cooperative Extension's Better Living Series will feature two educational workshops during July.

Both workshops will be held at the Cumberland County Cooperative Extension Center, located at 301 East Mountain Drive, Fayetteville.

“From Kitchen Scraps to Garden Gold” will be offered on July 14 from 12:00 noon - 1:30 p.m. Participants will learn how to produce nutrient rich organic soil for gardens through Vermiculture. There is no fee for this workshop.

“Jam in the Kitchen - Preserving Jams, Jellies, and Fruit Spreads” will be offered July 16 from 9:00 am - 12:00 p.m. Participants will learn the basics of preserving jams, jellies, and other fruit spreads through hands-on techniques. Each participant will complete the workshop with a preserved item. **Pre-registration is required for this workshop. There is a \$10 registration fee to cover supplies. The registration fee must be paid before attending the workshop. Online registration is not available for this workshop. To register, contact Candy Underwood, Family and Consumer Sciences agent, at 910-321-6869.**

For most workshops you may pre-register online by visiting go.ncsu.edu/bls_registration or by visiting the Cumberland County Cooperative Extension office at 301 East Mountain Drive, Fayetteville. You may also pre-register by contacting Susan Johnson at 910-321-6405 or via email susan_johnson@ncsu.edu.

For accommodations for persons with disabilities, contact Lisa Childers at 910.321.6880, no later than five business days before the event.

