



Connection

Cumberland County's Employee Newsletter

Commissioners Approve One-Time Stipend in FY2017 Budget

The Cumberland County Board of Commissioners adopted the FY2017 budget June 13. The General Fund budget totals \$327 million and the tax rate of 74 cents per \$100 valuation remains unchanged.

The budget includes a one-time stipend for all permanent full and part-time employees hired prior to July 1, 2016, and who are on the County's payroll for the pay period ending July 23, 2016. Full-time employees will receive \$800 and part-time employees will receive a prorated stipend in their pay on July 29.

The County will continue a 1 percent employer contribution to a 401-K retirement plan for all employees eligible to participate in the Local Government Employees Retirement System.

County Manager's Message



Amy Cannon

In March we announced changes in the County's health insurance plan that would go into effect on July 1 in response to increasing health insurance costs and claims. One of those changes was a \$150 annual deductible on pharmacy costs for prescriptions not filled at the Employee Pharmacy.

Unfortunately the County could not fund a cost-of-living increase for employees in this year's budget, which was approved in June. However, we were able to budget a one-time stipend to assist employees with the changes in the employee health insurance plan.

In addition, the budget includes funding for a pharmacy tech in the Employee Pharmacy. We are recruiting for that position and once it is filled, the pharmacy will be open an additional 13 hours each week including Saturdays from 9 a.m. to 1 p.m.

As a reminder, the Wellness Fair is just three months away and I am pleased to report that the Weight Watchers at Work program kicked off in June with 145 employees participating. We look forward to hearing their success stories.

I hope you have a wonderful summer and have a chance to take a break and recharge. Thank you for serving the citizens of Cumberland County.



Saving Lives Locally: Give Blood Aug. 1

The Cape Fear Valley Blood Donor Center will hold a drive on Aug. 1 at Headquarters Library and the Courthouse. Tax Administration's **Megan Williford**, left, is one of the many County employees who help save lives by donating blood. This summer the center has reported that local blood supplies are critically low. We hope you will consider donating on Aug. 1. Each donor will receive a T-shirt. Contact Jon Soles at 321-6579 or jsoles@co.cumberland.nc.us to register or go online at www.savingliveslocally.org. Search by sponsor code: M25.



ADMINISTRATION

Budget Division Welcomes New Member

Kim Cribb is the new budget analyst and grants coordinator in the Budget Division of the County Manager's Office. As part of her duties, she will be the Cumberland County Juvenile Crime Prevention Council coordinator. Cribb spent the last 22 years at the Department of Social Services, where she was the budget manager. A Fayetteville native, Cribb is a graduate of Douglas Byrd High School and Methodist University. She and her husband, Tommy, have an adult daughter and are currently converting a 1978 Ford Pinto into a drag racer for Kim to race. Welcome Kim!



Cribb

ANIMAL CONTROL

Animal Shelter Supply Drive Results In Donations, Adoptions

The "Shelter Animals Baby Shower" held May 7 at the Cumberland County Animal Shelter resulted in the collection of 1,227 pounds of dry dog and cat food and treats; 290 cans of food; 59 cans of formula; 381 pounds of cat litter and 978 individual supply items including nursing bottles, shampoo, toys, pads and re-usable lids for canned food.

Volunteers with the Friends of Cumberland County Animal Control held the supply drive in anticipation of a spring-time population increase in puppies and kittens received at the shelter.

"The event was very successful and enjoyed by all who attended," said Shelter Manager **Jennifer Hutchinson-Tracy**. "The Friends of the Cumberland County Animal Shelter volunteers did a beautiful job organizing, promoting and decorating."

In addition to donations, six cats and eight dogs were adopted from the shelter during the event and \$100 was contributed to the Injured Animal Stabilization Fund.



From the left, Friends of Cumberland County Animal Control volunteers Debra Knowles, Cindy Collins, Kim Vazquez, Animal Control Rescue and Foster Coordinator Kristin Otero, Shelly Bryant and Rudy Clark pose with supplies donated May 7 during the "Shelter Animals Baby Shower" supply drive.

Naturally Unleashed Donates To Animal Shelter

Naturally Unleashed employees Heidi Kaufman and Dodie Monroe hold a donation check for \$300 to Animal Control's Injured Animal Stabilization Fund. The donation is a portion of proceeds raised during PetFest, which was hosted by Naturally Unleashed at its Boone Trail location. Naturally Unleashed also donated 248 pounds of dry dog and cat food, 28 cans of dog and cat food, 88 dog treats and chew toys and a few miscellaneous items. Animal Control has participated in PetFest for the last two years by bringing dogs available for adoption to the event.



COOPERATIVE EXTENSION

Cooperative Extension Holds Annual Farm Tour

Cumberland County Cooperative Extension held their annual Extension Tour on May 20. More than 40 people attended the tour, which highlights agriculture in the county.

The group stopped at the C. Wayne Collier Farm in Linden. Although the farm operates with modern practices, tour participants were treated to demonstrations of how farm tasks were done in earlier times. C. Wayne Collier showed the group the saw mill operation, gave a mule plowing demonstration and displayed antique farm equipment. The highlight of the stop was homemade biscuits cooked on a wooden stove, topped with homemade jellies, jams and molasses.



Cooperative Extension held its annual tour May 20. Participants are pictured in front of a John Deere tractor.

The tour then moved to Carlton's Cattle Company, owned by Carlton and

Kemp Lamm and managed by Stephen and Heather Broadwell. The farm primarily breeds and sells Black Angus cattle. The farm has a goal to be environmentally sound while producing the best products possible. The highlight of the tour was seeing the Percheron horses.



The final stop on the tour was the newest state park – Carvers Creek State Park. The park originally operated as “Long Valley Farm,” which was the winter estate for the Rockefeller family. Park Ranger Jane Conolly provided a tour of the home and a historical overview of the agricultural history of the farm.

Each year, Cooperative Extension sponsors the tour for staff, advisory council members, local dignitaries, county administration and stakeholders.

C. Wayne Collier gives a mule plowing demonstration at his farm in the Linden area of Cumberland County.

Cooperative Extension Better Living Workshops

“**Safe Pressure Canning for Garden Vegetables**” will be offered **July 21 from 9 a.m. to 12 p.m.** at the Agriculture Center, 301 E. Mountain Dr. Cooperative Extension staff will teach the basics of preserving low-acid foods. Participants will experience hands-on learning by canning green beans during the workshop. Class size is limited, so apply early. The \$10 workshop fee is due on or before July 18.

“**Plant Propagation: From Seeds to Cuttings,**” will be offered **Aug. 25 from 12 p.m. to 1:30 p.m.,** at the Agriculture Center, 301 E. Mountain Dr. Learn how to reproduce your favorite plants from seeds and cuttings. The \$5 registration fee is due by Aug. 18.

Visit the Cumberland County Cooperative Extension website at cumberland.ces.ncsu.edu for a complete listing of the 2016 Cooperative Extension Better Living Workshops or for registration information. You may also contact **Susan Johnson** at 910-321-6405 for additional information.



EMERGENCY SERVICES

Emergency Services Coordinator Graduates FEMA Advanced Academy

Emergency Services Coordinator **Woodson Gene Booth** graduated the FEMA National Emergency Management Advanced Academy on May 20 at the Emergency Management Institute in Emmitsburg, Md. Booth completed the full curriculum that provides strategic level training and education and the essential skills needed for emergency management professionals to manage dynamic and resilient emergency management programs. Booth has been employed with the County since 2004.



Booth receives his certificate from Superintendent Tony Russell at the graduation ceremony.



Wilson

PUBLIC HEALTH

Wilson Confirmed as Member of N.C. Institute of Medicine



Health Director **Buck Wilson** has been confirmed as a member of the North Carolina Institute of Medicine (NCIOM). Wilson's five-year term on the 100-member institute expires in 2021.

The NCIOM is an independent, quasi-state agency chartered by the N.C. General Assembly in 1983 to provide balanced, nonpartisan information on issues of relevance to the health of the state's population. The NCIOM convenes task forces, or working groups, to study complex health issues facing the state in order to develop workable solutions to address these issues to improve health, health care access and quality of health care in the state.

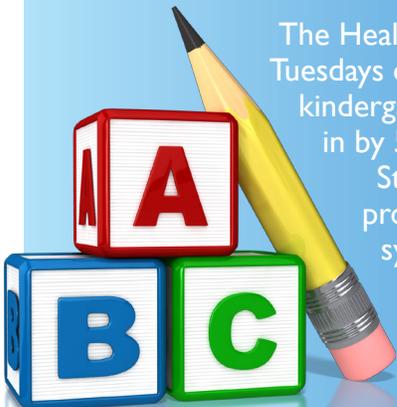
Walk-In Kindergarten Physicals Available 2nd & 4th Tuesdays

The Health Department Child Health Clinic has expanded times on the 2nd and 4th Tuesdays of each month from 1 to 7 p.m. for walk-in physicals for children entering kindergarten. Due to the amount of time required for physicals, all patients must be signed in by 5:15 p.m.

State law requires any child entering kindergarten to get a physical. The clinic also provides physicals to students who are new to the North Carolina public school system.

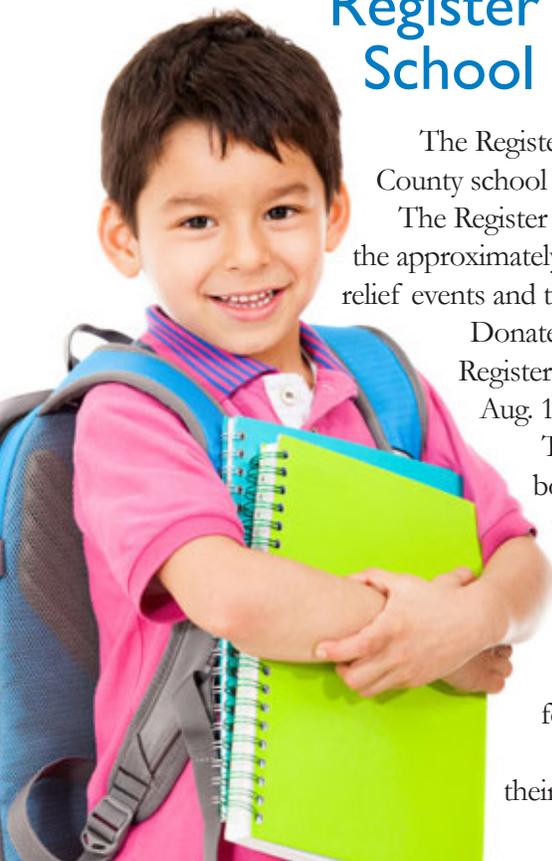
Medicaid, private insurance or self-pay are acceptable forms of payment. Fees for service are based on family size and income. For appointments, call 910-433-3600, extension 1.

The Health Department is located at 1235 Ramsey St. The Child Health Clinic is on the first floor.



REGISTER OF DEEDS

Register of Deeds Office Collects School Supplies For Homeless Children



The Register of Deeds office is holding its annual school supply drive for homeless Cumberland County school children through Aug. 1.

The Register of Deeds office would like to collect supplies to fill 800 book bags to be donated to the approximately 600 homeless children in county schools, as well as 200 additional bags for homeless relief events and the American Red Cross to help families who have experienced a disaster.

Donated items can be dropped off Monday through Friday from 8 a.m. to 5 p.m. at the Register of Deeds office in Room 114 of the Courthouse. The deadline to drop off items is Aug. 1.

The following school supplies are needed: pencils, pens, notebooks, rulers, composition books, folders, notebook paper, pencil sharpeners, erasers, glue sticks, crayons, toothbrushes, toothpaste, hand sanitizer and toothbrush cases.

In addition to school supplies, gift cards or cash donations will be accepted. However, checks will not be accepted. Once all the school supplies are collected, they will be turned over to the Fayetteville Police Department and Cumberland County Schools for distribution. The Register of Deeds office would like to fill bags for each homeless school student in the county.

“We would like to thank everyone for their support in the past and thank them for their consideration this year,” said Register of Deeds **Lee Warren**.



FREE

Mosquito Dunks

What is a mosquito dunk?

A dunk looks like a small, beige donut that floats in standing water. As dunk dissolves, it releases a bacterium which is toxic to all species of mosquito larvae.

Where should I use mosquito dunks?

Use dunks in water troughs, koi ponds, birdbaths, rain barrels or any place that water collects and remains for a period of time.

Are dunks safe to use around pets, children, fish and wildlife?

Yes! The active ingredient in dunks is target specific for mosquitoes and does not adversely affect other organisms in the water.

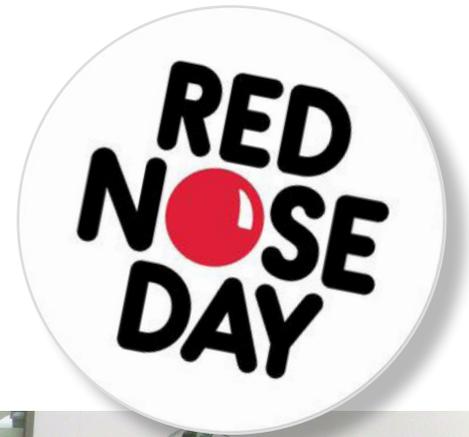
Where can I get mosquito dunks?

Pick up FREE mosquito dunks at the Health Department, 1235 Ramsey Street, in Environmental Health on the third floor.

Call 910-433-3618 for more information.

County Departments Wear Red Noses for Charity

County employees from Tax Administration and Register of Deeds participated in the annual “Red Nose Day” May 26. Funds raised during the annual campaign are used to bring relief to children in poverty. The Register of Deeds office raised \$125 and Tax Administration raised \$109.



Tax Administration employees participated in Red Nose Day May 26 to raise money for children in poverty.



Register of Deeds employees participating in Red Nose Day May 26 to raise money for children in poverty.

SHERIFF'S OFFICE

Public Safety, Mental Health Professionals Receive Crisis Intervention Team Honors



Public safety and mental health professionals were honored at the fourth annual Crisis Intervention Team (CIT) Awards ceremony June 29 at the Cumberland County Detention Center.

CIT is a jail diversion program established in 2009 to provide a specialized law enforcement response to individuals experiencing a crisis related to mental illness. The program seeks to help citizens get treatment instead of being incarcerated.

The National Alliance on Mental Illness (NAMI) of Cumberland, Harnett and Lee counties sponsored the awards ceremony and presented honors to the following recipients:

CIT Deputy of the Year: Deputy **Duvan Sanchez**, Cumberland County Sheriff's Office

CIT Officer of the Year: Sgt. Melton Brown, Spring Lake Police Department

Officer Jeffery Prevatte, Fayetteville Police Department

CIT Detention Officer of the Year: Sgt. **Anita Johnson**, Cumberland County Detention Center

CIT Paramedic of the Year: Lt. **Leslie Campbell**, Cumberland County Emergency Medical Services

CIT Telecommunicator of the Year: Marisol Olivo, Fayetteville Police Department

CIT Trainer of the Year: Detective Sgt. Melissa Jeffries, Robeson County Sheriff's Office

CIT Champion of the Year: Hannah Carroll, NAMI of Cumberland, Harnett and Lee counties

CIT Exemplary Service Award: Assertive Community Treatment (ACT) Team, Carolina Outreach



Recipients of the Crisis Intervention Team (CIT) awards are, from left, Fayetteville Police Officer Jeffery Prevatte, Marisol Olivo of Fayetteville Police, Hannah Carroll of the National Alliance on Mental Illness of Cumberland, Harnett and Lee counties, Robeson County Sheriff's Sgt. Melissa Jeffries, Cumberland County Sheriff's Deputy Duvan Sanchez, Sgt. Anita Johnson of the Cumberland County Detention Center, Lt. Leslie Campbell of Cumberland County Emergency Medical Services and Jamie Morehart, Carolina Outreach Assertive Community Treatment Team leader. Not pictured is Spring Lake Police Sgt. Melton Brown.

SHERIFF'S OFFICE

New Chief Jailer

Major **Tandra Adams** is the new Chief Jailer and Chief Jail Administrator of the Cumberland County Detention Center. She succeeded Major Larry Trotter who retired July 1 after more than 20 years with the Sheriff's Office. Trotter had been the Chief Jailer since October 2013 and is now working as an investigator with the District Attorney's Office.

Adams is a native of Fayetteville who has been employed with the Sheriff's Office for 15 years, having served in the operation of the Detention Center since 2002. She assisted with the initiative to re-establish the GED Program for the Detention Center, recognizing the need to assist inmates with this educational opportunity and help prevent recidivism.

Prior to her appointment as Chief Jailer, Adams was in charge of the Booking and Release Section, Data Processing Section, Intake Section, Inmate Accounts, Visitation and Front Lobby, and Key Control.



Adams

Sheriff Introduces Newest Members of Bomb Detection Team

The Cumberland County Sheriff's Office introduced the newest members of the Bomb Detection Team June 2 at the Sheriff's Training Center. Deputy **Kyle Frankum** and his dog, **Hugo**, (both kneeling) recently completed the eight-week Explosive Detection School held at the Sheriff's Office. They are pictured with Lt. **Tim Loughman** (left) and Deputy **Mark Lee** (standing right.)

Frankum and Hugo received 300 hours of training on realistic scenarios searching buildings, buses, cars and luggage. Part of the training also included the detection of firearms. Hugo is a 2-year-old German Shepard imported from the Czech Republic. Upon completion of the training, the team received certifications through the International Police Work Dog Association in firearms and explosives detection. The Sheriff's Office now has three full-time explosives and firearms detection dogs. The dogs are used for bomb threats, dignitary searches, public events, suspicious packages, search warrants and firearms detection.



Employee Assistance Program

Call for assistance with:

**Depression • Finances • Alcohol/Drug Abuse • Conflicts • Stress
Parenting • Any Other Personal Concern**

Call Our Toll-Free, Confidential Number: 1-800-326-3864

SOCIAL SERVICES

DSS Receives Donation from Daughters of Penelope



The Daughters of Penelope presented a \$1,500 check and hygiene kits to the Cumberland County Department of Social Services Care Center on May 25. Left to right, Crystal Black, Adult Services Section Chief; Susan Mason, Adult Services Program Manager; Cynthia Arrington, Care Center Director; Elaine Frangakis and Dr. Gail Morfesis with the Daughters of Penelope; Maria Velazquez-Constas, chairman of the Social Services Board; and DSS Director Brenda Jackson.

DSS Needs Donated Box Fans

The Department of Social Services is accepting donations of new box fans to distribute to eligible citizens through the Fan Giveaway Program. Fans can be delivered to the DSS building at 1225 Ramsey Street between the hours of 7:30 a.m. and 4 p.m. Monday through Friday. Residents eligible for the fan giveaway program are those whose income falls below 200 percent of the current poverty level and who have a family member in the home under the age of 2, over the age of 60, or with a heat-sensitive medical condition. Call 910-677-2536 for more information about donating fans to DSS.

SOIL AND WATER CONSERVATION

Soil and Water Conservation District Tree Seedling Sale

The Cumberland County Soil and Water Conservation District will be taking pre-paid orders for its annual tree seedling sale through Aug. 31.

Three evergreen species native to North Carolina are available: Longleaf Pine, Loblolly Pine and Eastern Red Cedar. Seedling prices are:

- Longleaf Pine: \$5 per bundle of 15 seedlings
- Loblolly Pine: \$5 per bundle of 20 seedlings
- Eastern Red Cedar: \$5 per bundle of 5 seedlings.

Order forms are available on the Soil and Water website at co.cumberland.nc.us/soil_water/. Click on the link under the “Events” tab. Anyone interested in ordering seedlings must complete the order form and return it with payment by Aug. 31. Please make checks payable to Cumberland SWCD and mail your order and payment to 301 East Mountain Drive, Suite 229, Fayetteville, N.C. 28306.

Trees help prevent erosion of topsoil, beautify property, provide energy-saving shade and provide habitat for birds and other wildlife. Tree seedlings will arrive the second week of December. Proceeds from the annual tree seedling sale are used to fund educational projects in the district. For more information, call 484-8479, option 3.



TAX ADMINISTRATION

Showing Their Stars & Stripes!

Tax Administration held a Fourth of July dress-up contest July 1. Pictured left to right: Most Original winner, Crystal Mizg; Assistant Assessment/Audit Division Manager Chelsie Cornelius; Mapping Division Manager Michelle Babson; Tax Administrator Joe Utley; Most Creative winner, Robyn Cabell; and Most Patriotic winner, Sheena Hobing.



WORKFORCE DEVELOPMENT

Workforce Development Honors Clients, Partners

Cumberland County Workforce Development presented awards to program participants and partners during its Second Annual Recognition Luncheon on June 8. Workforce Development offers programs for youth, adults and dislocated workers with the goal of increasing employment and training opportunities for county residents, as well as enhancing their productivity and competitiveness in the workplace. Award recipients are listed below:

- Outstanding Younger Youth Award – Jonica Banks
- Outstanding Young Adult Awards – Tyesha Hickmon, Tiffany Murphy and Calvin Womack
- Outstanding Dislocated Worker – Christopher Smith
- Outstanding Adult Award – Eunice Franklin, Patrick Smith and Michael Weatherly
- Outstanding Employer Award – Veterans Flooring Group Inc.
- Outstanding Partnership Award – Transition Tech Program



Cumberland County Workforce Development recognized several participants and partners on June 8. Left to right: Jesse Brayboy, Workforce Development Board Member; Lesly Marmolejos-Perez, NCWorks Career Center; Charlene Callahan, Transition Tech Coordinator, Fayetteville Technical Community College; Cumberland County Commissioner Glenn Adams; Robert Lock, youth case manager; Monica Greene, youth case manager; Calvin Womack, Outstanding Young Adult

award recipient; Sonya Thompson, youth case manager; Tiffany Murphy, Outstanding Young Adult award recipient; Allen Bates and Travis Eckhart, Veterans Flooring Group, Outstanding Employer award recipient; and Jonica Banks, Outstanding Younger Youth award recipient.

My Health Journey

By Tamela Robbinette

I was miserable back in March, when my weight had ballooned to 171 pounds. I was struggling to tie my shoes in the mornings and I was constantly fatigued. I went to bed tired and I woke up tired. At the Employee Wellness Fair last October, I barely passed the benchmarks to receive the health insurance discount. I had borderline high blood pressure and high cholesterol. I was hypoglycemic and my waist was barely 35 inches. About this time, I attended an employee meeting where we were informed of changes to our insurance. Poor health would end up costing even more, so I decided it was time to make some changes.



Tamela Robbinette has lost 21 pounds and counting!

The first thing I knew I had to do was clean up my diet. I decided that there would be no more fried chicken wings on Friday nights or pizza or sausage and cheese sandwiches every morning. I needed to eat more fruits and vegetables and lean meats. I had to give up sodas and other junk food. It took me a few weeks, but in no time I was drinking 64 ounces of water a day, I had weaned myself off of soda and I was down to one cup of coffee in the morning. I started making my breakfast and lunch at home and packing healthy snacks, like fruit and nuts. My energy level improved and I started going to the gym in the mornings before work. I have always been an athletic person, but over the years I had become out of shape. The first few mornings on the treadmill were tough, but I stuck with it. I went through soreness and mornings where I didn't want to get out of bed. But I told myself I did not want to become one of those people who couldn't take the stairs or who needs prescription drugs to control blood pressure or blood sugar.

Today I am 150 pounds and I have a 33 inch waist. I am still working on my waist line, but you can visibly see a huge difference in the way I look. My husband began to eat healthy and exercise as well, and he has lost 16 pounds. He commented about how impressed he was with my energy level and he wanted to improve his energy as well. I now prepare his breakfast and lunch to take to work and we thoroughly enjoy cooking healthy dinners together. My blood pressure went from 145/90 to around 120/68 and I am very excited to find out if my cholesterol has improved. It took some dedication and some early morning pep talks with myself, but I did it! I have started running in local races and have completed two 10k (that's 6.2 miles!) races and have signed up for a half marathon. I feel like I can accomplish anything. You can too. You just have to make up your mind! Good luck to each of you on your journey to health!



Robbinette competes in the John E. Norman Cinco De Mayo 10k Run in Fayetteville on June 4.

Gillis Earns Government Auditing Certificate

Internal Audit & Wellness Services Director **Tammy Gillis** is now a Certified Government Auditing Professional. Gillis passed the exam issued by the Institute of Internal Auditors (IIA) June 24 at Fayetteville State University, after months of preparation and study. The certificate will allow Gillis to assist the CPA firm with the County's annual audit, helping to reduce the cost to the County. Gillis, a native of Rockingham, N.C., and a graduate of East Carolina University, has been employed with the County since 1991.



Gillis

Wellness Connection

Yoga

Wednesdays through July 31
5:30 – 6:30 p.m.

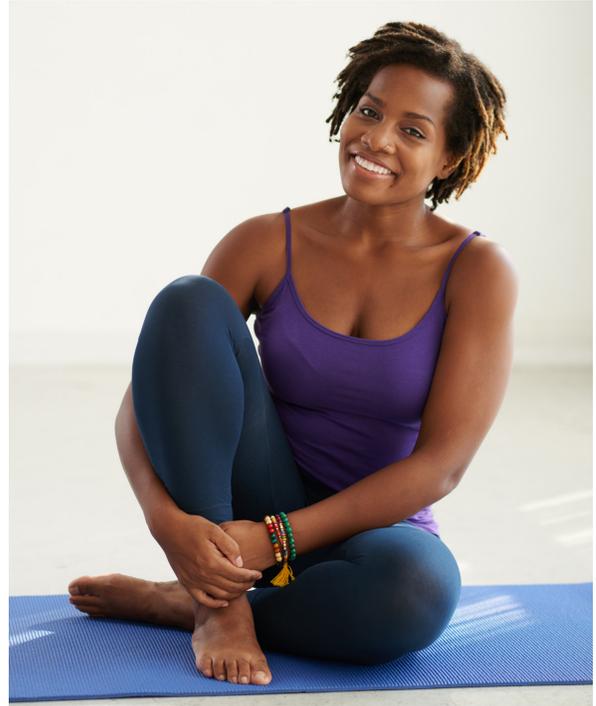
Wednesdays after August 1
6 – 7 p.m.

Massey Hill Recreation Center
1612 Camden Road

Zumba

Mondays and Thursdays
5:30 - 6:30 p.m.

Massey Hill Recreation Center
1612 Camden Road



Walking Group

Tuesdays & Thursdays

5:30 p.m.

Courthouse

Person St. Parking Lot

5:45 p.m.

Cape Fear River Trail

Jordan Soccer Complex Entrance

Running Group

Tuesdays & Thursdays

5:30 p.m.

Courthouse

Person St. Parking Lot

5:45 p.m.

Cape Fear River Trail

Jordan Soccer Complex Entrance



Training Opportunities

Cumberland County Human Resources

Training Connection

Check out the latest issue!

- Go to the Intranet
- Under Departments, select Human Resources
- Under Shared Documents, select the "Training" folder
- Scroll down to find the latest issue

County Offices Closed Sept. 5 for Labor Day

Cumberland County Government offices will be closed on Monday, Sept. 5, in observance of Labor Day. This includes all Cumberland County Public Library & Information Center locations and all Solid Waste container sites and recycling centers, the Ann Street Landfill and the Wilkes Road Yard Waste Facility.



Recognizing that all people are different, we treat everyone with dignity and serve our diverse population with professionalism, respect, integrity, and excellent customer service.

Amy Cannon

County Manager

County Manager's Office
117 Dick Street • Courthouse, Suite 512
Fayetteville, NC 28301

910-678-7723

acannon@co.cumberland.nc.us

MISSION STATEMENT

To provide quality services to our citizens while being fiscally responsible.

VISION STATEMENT

To grow as a regional destination for employment, economic development, commerce and cultural pursuits.

CORE VALUES

Serving Cumberland County citizens with **PRIDE**

Professionalism

Respect

Integrity with Accountability

Diversity

Excellent Customer Service

co.cumberland.nc.us

