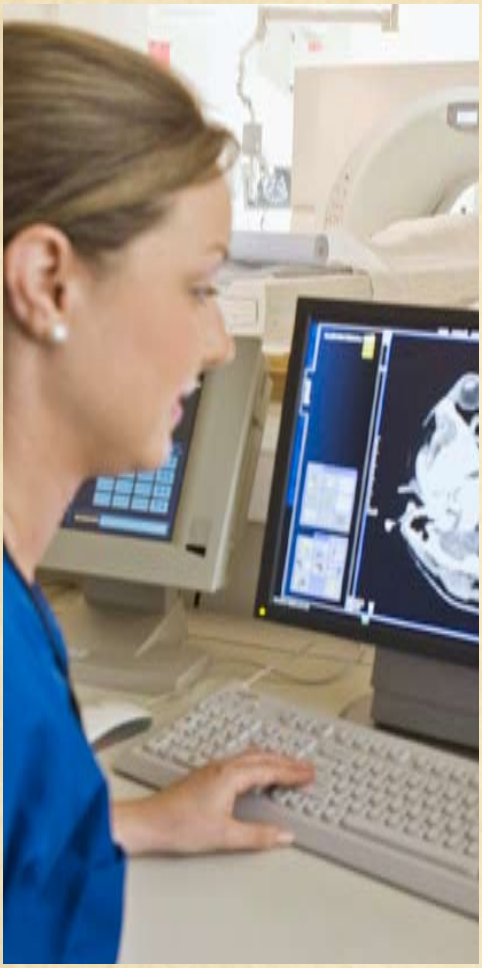
COUNTY OF CUMBERLAND FOUNDED 1754 OUT OF MANY, ONE NORTH CAROLINA

CUMBERLAND COUNTY CONNECTION



Changes Coming to County Health Care Plan

Faced with rising medical costs and increased claims, the Board of Commissioners approved the following design changes to the employee medical plan effective July 1. Monthly premiums will not increase for employees. Contact Julie Crawford at (910) 223-3327 for additional information and assistance.

Co-pays to Primary Care Physicians, Specialists and Pharmacy (prescription drugs) will increase in the new benefit period. As you can see the $150 co-pay for Emergency Room treatment has been eliminated and ER treatment will now be subject to a $1,000 deductible and 20% coinsurance applied to your out-of-pocket expenses. The information here applies to In-Network providers.

Cumberland County Medical Plan	Current Plan In-Network	Amended Plan 7/1/2010
Primary Care Physician Co-Pay Visits	$20	$30
Specialty Care Physician Co-Pay Visits	$40	$60
Deductible	$500	$1,000
Deductible Family Maximum	$1,500	$3,000
Emergency Room	$150 Co-Pay	Covered at 80% After Deductible
Pharmacy	$10/ $35/ $50	$10/ $45/ $60

2009 Annual Benefits Statements Coming Soon!

For the first time, 2009 Annual Benefits Statements will be available to active members in ORBIT only; statements will not be mailed. Your statement will be posted to your personal ORBIT account by May 31. Your statement will include:

- Your contributions to the N.C. Retirement System as of December 31, 2009.
- Your beneficiary designation(s).
- Your projected retirement benefit, if you have at least one year of service.
- The balance of your NC 401(k) and NC Deferred Compensation (457) plans as of December 31, 2009.
- A Social Security estimate if your projected retirement age is 62.
- A gap analysis – a comparison of your projected monthly income to your projected monthly need.

To help you better understand the information in your statement, frequently asked questions and a user guide are available on the "Active Members" section of the Retirement Systems' Web pages at www.myncretirement.com.

Log-in to ORBIT, and start planning for your financial future today! If you need assistance accessing your annual benefits statement, please contact the N.C. Retirement System at 1-877-627-3287.

VOLUME VIII, Issue 3 • May 2010

JAMES MARTIN

County Manager's Message

With the hot weather we've experienced the last few days, it appears we may have skipped spring and jumped head first into summer. However, before our thoughts drift to vacation plans, there are some important tasks that have to be completed – specifically, the establishment of a new county department and the approval of the fiscal 2011 budget.

The county is facing diminishing revenue sources related to the sluggish economy and mandatory state legislative requirements, such as child support enforcement. On July 1, the county will take over the operation of the Child Support Enforcement Office now operated by the state. The new county department will remain in the current offices at Eutaw Village for the next fiscal year.

In developing its recommended budget, county management adopted several guiding principles, one of which is to avoid balancing the budget through employee furloughs or reductions in force. The Commissioners have already acted to save almost $2.1 million on health insurance costs by changing the employee medical plan. Those changes are outlined on page one.

We will present the proposed budget to the Commissioners on May 25 at 5:30 p.m. in room 118 of the Courthouse. You may watch the presentation live on Time-Warner Channel 7.

Building the Budget

It's budget time and the schedule for the budget presentation, work sessions, and the public hearing on the proposed FY2011 budget has been set.

DATE	TIME	DESCRIPTION	LOCATION
Tuesday, May 25, 2010	5:30 p.m.	Budget Presentation	Room 118
Thursday, May 27, 2010	5:30 p.m.	Department Head Appeals	Room 564
Monday, June 07, 2010	5:30 p.m.	Budget Work Session	Room 564
Tuesday, June 08, 2010	7:00 p.m.	Budget Public Hearing	Room 118
Thursday, June 10, 2010	5:30 p.m.	Budget Work Session	Room 564
Monday, June 21, 2010	6:45 p.m.	Adopt Budget	Room 118

Good Health: It's Not Just For The Young

THE ADULT SERVICES DIVISION OF THE DEPARTMENT OF SOCIAL SERVICES is sponsoring the 6th Annual Senior Health Fair on May 19 at the Smith Recreation Center, 1520 Slater Avenue. The hours will be from 8:30 am until 11:30 am.

This celebration of good health is open to the public and is designed to honor senior citizens during May's "Older American Month." Free refreshments and door prizes will be presented during the event. More than 30 participating vendors will provide blood pressure checks, promotional materials and an abundance of health-related educational materials.

If you are one of those "older Americans," or if you know someone who is, share the news and plan to attend the Senior Health Fair!

Employees Honored

As a part of National County Government Month, the following employees were honored with a presentation in the Commissioners' chambers on April 19, followed by a reception in Room 119.

NATIONAL COUNTY GOVERNMENT MONTH

★ 20 YEARS OF SERVICE ★

BAGGETT, CARMELLA	FINANCE
MATTHEWS, THELMA S.	FINANCE
BENNETT, CONSTANCE	MENTAL HEALTH
DEMPSTER, THOMAS	MENTAL HEALTH
BEALE, EDWARD	PUBLIC HEALTH
KUCZERO, MARIAN	PUBLIC HEALTH
BROWN, BELINDA	SHERIFF
FLOYD, ERNEST	SHERIFF
GRAHAM, LACY	SHERIFF
GRAVES, MELISSA	SHERIFF
HENDERSON, MARY	SHERIFF
MORRISON, GREGORY	SHERIFF
PARISI, JOSEPH	SHERIFF
PEOPLES, LONZO	SHERIFF
RATLEY, LYNDA	SHERIFF
SAWYER, JOHNNY	SHERIFF
WATTS, KATHLEEN	SHERIFF
BRITTON, LAURA	SOCIAL SERVICES
GOETZ, GWENDOLYN	SOCIAL SERVICES
HILL, KAREN	SOCIAL SERVICES
MCINTYRE, BETTIE	SOCIAL SERVICES
MCNEIL, SHIRLEY	SOCIAL SERVICES
PEEK, MARDA	SOCIAL SERVICES
PORONTO, ELAINE	SOCIAL SERVICES
RUSSEL, MARTHA	SOCIAL SERVICES
WRIGHT, JANINE	SOCIAL SERVICES
WRIGHT, PENNY	SOCIAL SERVICES
SIMPSON, LARRY	SOIL AND WATER
TAPLEY, TIMI	TAX ADMINISTRATION

★ 35 YEARS OF SERVICE ★

DICKINSON, WAYNE	MENTAL HEALTH
STEVENS, JANE	PUBLIC HEALTH
MCKINNON, YVONNE	SOCIAL SERVICES
EVERETT, RICHARD	SOCIAL SERVICES

★ 25 YEARS OF SERVICE ★

BELL, CHRISTOPHER	CENTRAL MAINTENANCE
BROWN, JOYCE	LIBRARY
COTTON, KATHY	LIBRARY
JAWORSKI, PHYLLIS	LIBRARY
HEADLEY, NATHANIA F.	MENTAL HEALTH
FELTEN, MARILYN L.	MENTAL HEALTH
RICHARDSON, SHARRON	PUBLIC HEALTH
SUMMERLIN, DINA	PUBLIC HEALTH
BROOKS, KATHARINE	SHERIFF
DARDEN, BRENDA	SHERIFF
HOWIE, CLIFTON	SHERIFF
JACKSON, MARTHA	SHERIFF
MCRAINEY, JOHN	SHERIFF
MORIN, DARYLL	SHERIFF
FAIRLEY, RHONDA	SOCIAL SERVICES
KISER, BILLY	SOCIAL SERVICES
RAY, JUDY	SOCIAL SERVICES
WEARINS, DARLENE	SOCIAL SERVICES
HUGHES, WANDA	TAX ADMINISTRATION
LYMAN, DIANA	TAX ADMINISTRATION
MCGUGAN, LYNN	TAX ADMINISTRATION

★ 30 YEARS OF SERVICE ★

BROWN, KIM	INFORMATION SERVICES
HUGGINS, ETHEL	LIBRARY
YATES, SHARON MURPHY	MENTAL HEALTH
DITTMAR, KENNETH	MENTAL HEALTH
GUNTER, RITA	PUBLIC HEALTH
BRADLEY, FRANCISCA	SHERIFF
JOHNSON, JANE	SOCIAL SERVICES
KING, ANNIE	SOCIAL SERVICES
WARD, TRUDY	SOCIAL SERVICES

Air Quality Awareness

AIR QUALITY AWARENESS WEEK 2010 runs from May 2-8. In conjunction with Air Quality Week, the Fayetteville Area Metropolitan Planning Organization (FAMPO), Sustainable Sandhills, and the NC Department of Environment and Natural Resources Division of Air Quality sponsored the seventh annual "Win With Air Quality" Poster Contest.

The theme this year was "Improving Air Quality Around Schools," and more than 800 Cumberland County Elementary School students participated in the contest. Winners were recognized on Sunday, April 25 at the Dogwood Festival.

Here are just a few tips on how you can help improve our air quality and contribute to the overall health and well-being of our community and planet. Below are some simple steps that people can take to improve air quality.

- Chain trips together.
- Take mass transit, share a ride or car pool
- Ride your bike or walk
- Keep your car tuned up. Engines that are well-maintained are more fuel efficient and emit less air pollutants.
- Get fuel when it's cool and don't top off the tank
- Telecommute
- Know the ozone forecast for the day

From left, Commissioner Philip Gilfus, Fayetteville City Councilman Keith Bates and Commissioner Kenneth Edge pose with winners from the Air Quality Poster Contest.

Tell Us What You Think:
Bicycle and Pedestrian Study

THE FAYETTEVILLE AREA METROPOLITAN PLANNING ORGANIZATION (FAMPO), with the help of Stewart Engineering, recently began a study that will help guide the growth of our community's walking and bicycling facilities.

They are seeking public input during workshops and through an online survey.

Three public workshops were scheduled in May. The last one is May 6.

Planners ask area citizens to identify the most needed facilities and projects for walkers and bikers.

* Thursday, May 6, 4:30 p.m. to 7 p.m. - Methodist University Alumni Dining Room at Berns Student Center

Individuals who are unable to attend the workshop are asked to complete an online survey posted on the FAMPO Web site – www.surveymonkey.com/s/FAMPO.

County Kudos

Cooperative Extension Welcomes New Director

LISA CHILDERS has been named to direct the Cumberland County Cooperative Extension Department. May 10 will be her first day. She was the director of North Carolina Cooperative Extension programs in Harnett County, and she succeeds George Autry, who retired Oct. 1 after serving as Cumberland Extension director for 24 years.

Childers became Harnett County Extension director in September 2008. Before that, she was a family and consumer sciences agent, joining Extension in Harnett County in 1999. She holds a master's degree in extension education from North Carolina State University.

New Director at Veterans Services

SHARON SANDERS is now the director of Veterans Services. She served as the interim director since July.

Dancing for a Great Cause

Two county department heads showed off their dancing skills and helped raise money for the Women's Center. Planning & Inspections Director Tom Lloyd and Health Department Director Buck Wilson participated in "Dancing with the Fayetteville Stars." Wilson and his partner finished the competition in fourth place.

Years of Service Honored

WILLIAM HOLLAND was honored for his 19 years of service to the Cumberland County Board of Equalization and Review in March. Tax Administrator Aaron Donaldson presented the plaque to Mr. Holland.

Two County Departments Recognized

Two Cumberland County departments have been recognized with Outstanding County Program Awards from the North Carolina Association of County Commissioners. The CUMBERLAND COUNTY MENTAL HEALTH CENTER won in the human services category for their Crisis Intervention Team program, which involves local law enforcement agencies and advocacy groups. The county's PUBLIC INFORMATION OFFICE won in the Public Information category for its "Cumberland Matters" communications initiative.

DSS Celebrates National County Government Month

IN CELEBRATION OF NATIONAL COUNTY GOVERNMENT MONTH in April, the Department of Social Services and the local chapter of the North Carolina Social Services Association (NCSSA) hosted several activities for DSS staff. Events included an employee appreciation continental breakfast on April 20; a karaoke contest on April 22; and an ice cream social on April 23. Director Brenda Jackson designated April 19-23 as agency dress down week, which allowed staff to sport business casual attire.

On April 21, DSS conducted a Purple Day & Care Enough to Walk Against Family Violence in recognition of National Child Abuse Month. The Adult Services-Care Center partnered with the Children's Services Section for a walk around the DSS/Health Center complex to reflect the impact of domestic violence on child abuse. Retired Cumberland County DSS Director E. C. Modlin was the honorary guest and led the walk. DSS invited staff from the neighboring Health Department to participate.

May is National Teen Pregnancy Prevention Month

THE HEALTH EDUCATION DIVISION of the Cumberland County Public Health Department is continuing its efforts to address teen pregnancies in our county. In 2008, 892 girls between the ages of 15 and 19 reported a pregnancy.

The Teen Pregnancy Prevention Campaign began in March with students from E.E. Smith, Seventy-First, and South View High Schools participating in a T-Shirt contest with the theme of "Abstinence until Marriage." The students created their own slogan to encourage their peers to wait until marriage before having sex. One winner from each school won a $100 Wal-Mart gift card, and T-Shirts featuring the winning designs were created for the winners' classrooms. The students will also record public service announcements to air in May encouraging other teens to abstain until marriage.

Abstinence Until Marriage and Diplomas B4 Diapers Pre-Prom Bash

ON APRIL 1, THE HEALTH DEPARTMENT collaborated with Foxy 99, Cumberland County Schools, and Dock's at the Capitol to highlight teenage pregnancy through an awareness event called "Diplomas B4 Diapers." The event was advertised to juniors and seniors in Cumberland County Schools through radio commercials on Foxy 99.

Approximately 300 teens attended. Agencies offering information at the event included Cumberland County Mental Health, Rape Crisis Volunteers of Cumberland County, Community Health Interventions, and Planned Parenthood of Central N.C. The teens also enjoyed a drunken driving awareness activity provided by the Fayetteville City Police Department.

After the hair show and the step teams performed, students who completed their registration cards won door prizes purchased by Cumberland County Schools. Prizes included portable DVD players, MP3 players, digital cameras, gift cards, and more. The students danced the night away with DJ D-Roc of Foxy 99 and enjoyed dinner provided by Foxy 99.

For more information on the Teen Pregnancy Prevention Campaign, contact Michaela Penix at 433-3858

Making Kids Safer:

80,000 Dosages of Expired and Unused Medications Collected

ON MARCH 15 AND MARCH 19, SAFE KIDS CUMBERLAND COUNTY partnered with the Cumberland County Sheriff's Office, Fayetteville City Police, and the UNC School of Pharmacy to implement a medicine take-back program called Operation Medicine Drop. Operation Medicine Drop was a statewide effort during Poison Prevention Week. This effort was lead by Safe Kids North Carolina and sponsored by the N.C. Department of Insurance, State Bureau of Investigation, and the Drug Enforcement Administration. Medications that fall into the wrong hands can be deadly, and medications that are disposed of improperly affect us all. Medications that are flushed down the toilet can contaminate our drinking water as well as poison animal life. When disposing of medications please follow these federal recommendations:

1. Take your prescription drugs out of their original containers.
2. Mix drugs with an undesirable substance, such as cat litter or used coffee grounds.
3. Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
4. Conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off.
5. Place the sealed container with the mixture, and the empty drug containers, in the trash.

The Cumberland County Department of Public Health is the proud leader of the Safe Kids Cumberland County Coalition. Safe Kids is an international organization whose mission is to reduce preventable and unintentional childhood injuries in children under the age of 14. Our local coalition focuses on six areas of injury prevention: Child Passenger Safety, Fire Safety, Bicycle Safety, Pedestrian Safety, Poison Safety, and SIDS awareness.

For more information call Michaela Penix at 433-3858.

Safe Kids
Cumberland County

Severe Weather Safety

WE ARE NOW IN THE MIDDLE OF OUR STATE'S TORNADO SEASON. The last five years alone have seen a large amount of severe weather in North Carolina. In 2008, North Carolina ranked fifth in the nation with respect to the number of reports of severe weather falling behind Texas, Kansas and Missouri. North Carolina ranks first in the nation for night-time deaths from tornados.

Here are some safety tips for severe weather. Employees are requested to review their tornado response actions and make sure they have a personal safety plan.

Please take a few minutes to review these actions. Modeled after the successful "Stop, Drop, and Roll" campaign for fires, "Get In, Get Down, and Cover Up" describes how you can save your life when severe storms strike.

- GET IN. Get as far inside a strong building as you can, and stay away from windows, which can easily break during strong winds or from flying debris.
- GET DOWN. Get as low as possible, by going to the lowest floor of the building. A basement or underground shelter is best, if available. By crouching down, you are minimizing the possibility of being hit by flying debris.
- COVER UP. Cover yourself (especially your head) with a pillow, blankets, or even a mattress, to further protect yourself from any flying debris. If possible, get beneath a workbench or table. Remembering these simple steps can help keep you safe from injury or death if you find yourself in the path of a tornado or severe storm.

BEFORE severe weather threatens:

- Learn about severe thunderstorms and tornadoes, and what kinds of damage they can produce and the dangers they present.
- Have an emergency action plan for both your home and your workplace. Know where you will go if a severe thunderstorm or tornado warning is issued.
- Know what county you live and work in, and where within the county you are located. Severe weather warnings are issued by county or a section of a county (northern Cumberland County, for example).
- Before heading outdoors for an extended time, check the latest forecasts. If the risk of threatening weather is high, you may wish to postpone your plans.
- Make sure you always have access to a reliable source of weather information. A battery-powered NOAA weather radio will always provide you with the very latest weather information, including watches and warnings, and radios with an alarm feature will automatically alert you of any watches or warnings issued.

When a tornado warning is issued or a tornado is approaching:

- In a home or building, move to a pre-designated shelter, such as a basement, bathroom or closet.
- If an underground shelter is not available, move to an interior room or hallway on the lowest floor, and get under a sturdy piece of furniture.
- In a large building such as a shopping center, go to the designated shelter area, or to a small reinforced area within the building, such as a restroom. Avoid areas with a large roof expanse, as large roofs collapse under the stress of a tornado or downburst winds.
- Stay away from windows.
- Leave vehicles. Do not try to outrun a tornado in your car; instead, leave it immediately. Go to a safe shelter if available, or get into a ditch and protect your head with your hands.
- Be aware of flying debris. Flying debris from tornadoes causes most fatalities and injuries.
- Mobile homes, even if tied down, offer little protection from tornadoes and should be abandoned. Go to a reinforced shelter immediately.

For more information, please go to the Cumberland County Emergency Services web site.
http://www.co.cumberland.nc.us/emergency_services.aspx#

Project Homeless Connect

A day to get connected to services in the community!

When: Thursday, May 20th, 2010 7:30 - 1:30
(Breakfast 7:30 - 8:30) (Lunch 11:30 - 12:30)

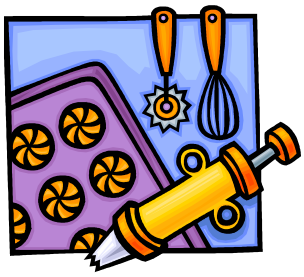
Where: First Baptist Church, Moore Street
(In the Gymnasium)

How: Transportation to/from event by F.A.S.T
(Just give the driver your
"Project Homeless Connect" FAST pass)

- Breakfast and Lunch Served
- Free Haircuts
- Prescription Assistance
- Medical and Dental Assistance
- Housing Assistance
- Job Placement Assistance
- Government Assistance
- Military Recruiters
- AND MUCH MORE!

PROJECT HOMELESS CONNECT

Sponsored by the Fayetteville/Cumberland County 10 Year Plan to End Homelessness Steering Committee



Kids in the Kitchen

Ages 8-11

Two workshops

June 22 – 25 (registration deadline June 11)

and

July 20 – July 23, 2010 (registration deadline July 9)

9:00 a.m. – 12 Noon

Cooperative Extension Kitchen

Workshop cost: $30

(Limited Class Sizes)

Kids in the Kitchen encourages youth to eat healthier meals and snacks as a result of hands-on cooking experiences.

For more information and to register contact
Candy Underwood at 910-321-6869

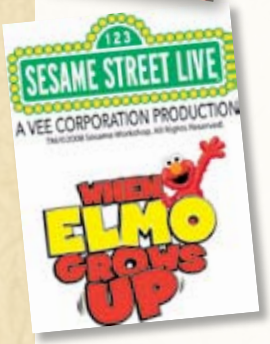
Please make checks payable to: CUMBERLAND COUNTY

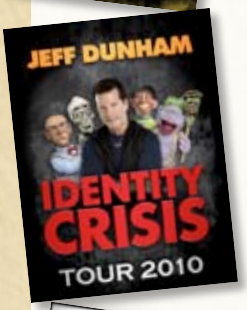
For accommodations for persons with disabilities, contact Candy Underwood at 910-321-6869 no later than five business days before the event.

NC State University
A&T State University
COOPERATIVE EXTENSION
Empowering People · Providing Solutions

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.

Coming Up @ the





MAY

Date	Event	Venue	Time
1	Guard vs. Reading	Crown Coliseum	7:05 p.m.
5	Color Purple	Crown Theatre	7:30 p.m.
7	Shana Banana	Crown Theatre	9:30 a.m.
11	Sesame Street Live: When Elmo Grows Up	Crown Coliseum	7:00 p.m.
12	Sesame Street Live: When Elmo Grows Up	Crown Coliseum	10:30 a.m. & 7:00 p.m.
13	Guard vs. Baltimore	Crown Coliseum	7:05 p.m.
15	MMA Live: Mayorga vs Thomas	Crown Coliseum	6:00 p.m.
23	Jeff Dunham Identity Crisis Tour	Crown Coliseum	5:00 p.m.
29	Guard vs. Harrisburg	Crown Coliseum	7:05 p.m.

JUNE

Date	Event	Venue	Time
9	Guard vs. Erie	Crown Coliseum	7:05 p.m.
26	Guard vs. Richmond	Crown Coliseum	7:05 p.m.

Cumberland County Government... Working for you!

JAMES MARTIN, COUNTY MANAGER
COUNTY MANAGER'S OFFICE
117 Dick Street
Courthouse, Suite 512
Fayetteville, NC 28301
Phone: 910-678-7723
Fax: 910-678-7717
Email: jmartin@co.cumberland.nc.us

MISSION STATEMENT

It is the mission of the Cumberland County Government to assure all our citizens a better quality of life by providing for the public safety, public health, quality education, clean environment and economic development while being fiscally responsible.

VISION STATEMENT

Our vision for Cumberland County is that it be characterized by progressive leadership that provides for a prosperous, affordable, safe, and culturally inviting community.

Visit us on the Web: http:/ www.co.cumberland.nc.us/

EVERYONE NEEDS A REAL FRIEND NOW AND THEN. The kind of friend who can be trusted to keep a confidence, the kind of friend who truly wants you to be untroubled and unperturbed.

THE EMPLOYEE ASSISTANCE PROGRAM (EAP) can be a friend to you and your family members. Whether you are being overwhelmed with a personal or a work-related concern, let your EAP professional work with you to solve your issues. Your supervisor does not have to be made aware you are using the program, unless you choose to share that information. To initiate the assistance of the Employee Assistance Program, please call 222-6157. If you call, you'll find a friend who wants to help.

Discount MMA Tickets

The Crown Center is offering Cumberland County employees discounted tickets to the Mixed Martial Arts fight "Worlds Collide: Mayorga vs Thomas" on May 15 featuring former boxing title holder Ricardo Mayorga vs UFC champ Din Thomas. Undercard bouts start at 6 p.m.

With the discount, ticket prices are $150/$78 / $53 / $43 / $28 and include the facility fee. All seats are reserved.

Tickets are available at the Crown Coliseum Box Office, all TicketMaster locations or thru TicketMaster.com.

- If purchasing tickets at the Crown Coliseum box office, show your Cumberland County ID to receive your discount – note that if purchasing tickets at the Crown Center Box Office, TicketMaster fees will not be charged.
- If purchasing tickets at any TicketMaster location, show your Cumberland County ID to receive your discount – note that TicketMaster fees will apply.
- If purchasing tickets on-line through TicketMaster, use the code CUMBCO to receive your discount - note that TicketMaster fees will apply.

For further information, please contact the Crown Center at (910) 438-4100.